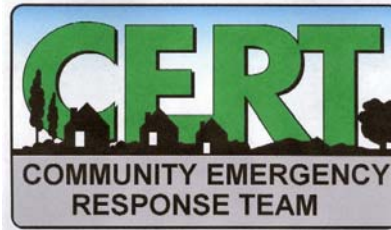


# Valley Center



Presents

## " Family CERT "

### Training Academy Schedule

All classes are open to interested students age 16 and over. We encourage families with high school age students to attend together, so the entire family can work together and benefit from our training.

Classes meet at the LDS Church Building, 14826 Fruitvale Rd,  
Valley Center

Meeting times are *Tuesdays, 6:30 pm to approximately 9:00 pm* unless  
except for the final class and drill, which is all day on Saturday

**THE FIRST CLASS IS FOR THE GENERAL PUBLIC AGE 16 AND OVER AND IS A GENERAL INTRODUCTION TO EMERGENCY PREPAREDNESS.**

#### Class 1- Disaster Preparedness

Oct 18, 2011                      6:30 – 9:00 pm

Introductions

Course Preview

Recent Disasters and Emergencies

Ways that individuals, families and communities can prepare for emergencies

Home and Workplace Preparedness

Disasters and Disaster Workers

A disaster's impact on local and regional infrastructure

Structural and nonstructural hazards created by disasters

Hazard mitigation

Community Preparedness

Protection for Disaster Workers

**Classes 2 to 8 are for those who want further training.  
Graduates can join the VC CERT and VC LAST Teams and work  
for community safety.**

## **Class 2 - Fire Safety**

**Oct 25, 2011                      6:30 – 9:00 pm**

Introduction to becoming a Disaster Service Worker  
Fire chemistry  
Reducing Fire Hazards in the Home and Workplace  
Hazardous Materials  
CERT Size up  
Firefighting Resources  
Fire Suppression Safety

## **Class 3 - Treating life threatening conditions, Proper search techniques, Performing Triage**

**November 1, 2011      6:30 – 9:00 pm**

Review Fire Safety Quiz  
Size-up of a emergency site  
Proper Search Techniques  
Treating Life-Threatening Conditions  
The Three Killers Airway Bleeding Shock  
Triage: an introduction

## **Class 4 - Rescue Operations, Medical Treatment, and Head to Toe Evaluation**

**November 8, 2011                      6:30 – 9:00 pm**

Public Health Considerations  
Functions of Disaster Medical Operations  
Establishing Treatment Areas  
Conducting Head-to-Toe Assessments  
Treating Burns  
Wound Care  
Treating Fractures, Sprains, and Strains"  
Splinting  
Nasal Injuries  
Treating Hypothermia  
Rescue Operations  
Conducting Rescue Operations

## **Class 5 - Disaster Psychology, CERT Organization**

**November 15, 2011                      6:30 – 9:00 pm**

Team Well-Being  
Working with Survivors' Trauma  
  
CERT Decision-making  
Disaster CERT Organization  
The Incident Command System (ICS)  
Documentation

**Class 6 - Terrorism and Radio Communication**  
**November 22, 2011 6:30 – 9:00 pm**

What is Terrorism?  
Terrorist Targets  
Terrorist Weapons  
B-NICE Indicators  
Preparing at Home and Work  
CERTs and Terrorist Incidents

Basic Handheld radio operation  
Radio Etiquette  
Effective communications

**Class 7 - Wildland - Urban Interface Fire Safety**  
**November 29, 2011 6:30-9:00 pm**

Home and personal safety in the Wildland –Urban Interface  
Basic Fire Behavior  
Making your home fire resistant  
Evacuation tips

**Class 8 – CERT 's role in Animal Emergencies**  
**December 6, 2011 6:30-9:00 pm**

***Final Class Saturday, December 10, 2011***  
**8:00 am – 3:00 pm**

Cribbing, fire suppression and Class Review  
Distribution of Gear Backpacks

***Drill and Graduation***

**For more information or to register, email**  
**VCCERT Lead Instructor Dan Brockman**

[danbrockman@vccert.org](mailto:danbrockman@vccert.org)

or call (877) 204-7269 and follow the prompts.

**Valley Center Community Emergency Response Team**

**P.O. Box 1076**

**Valley Center CA 92082**

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